



Miramichi Ground Search and Rescue Inc. (MGSAR)

Recruit and Searcher Supply List

P.O. Box 4028, Stn Douglastown, Miramichi, NB E1V 5R9

Email: info@mgsar.ca

Item	Notes
Appropriate footwear	<ul style="list-style-type: none"> Heavy, high, water-proof boots NO FLIPFLOPS
Appropriate clothing	<ul style="list-style-type: none"> Appropriate layers for the season Long sleeve shirts with collar. Pants tied at the ankles. Polyester, Poly-cotton, or nylon material (ex. Under Armour) NOT 100% COTTON Orange is a good color to choose for visibility
Socks	<ul style="list-style-type: none"> Take at least one extra pair Water-proof/water-resistant socks recommended
Backpack or webbing	To carry gear
Compass	Declination adjustable, mirrored compass
Safety glasses	
Food and water	Snacks and food for 12 hours self sufficiency, at least 2 litres of water
Whistle	Suggested brands: Thunder Storm, Fox40 or equivalent
Flashlight	Headlamp recommended
Hat	Appropriate for the season

Recommended Items	
Item	Notes
Emergency blanket	Wool or polyester (example: a car blanket)
Rain suit	Appropriate clothing to continue operations in wet weather
Pencil and notebook	
Matches/method to make fire	Waterproof or in a water proof container
Extra batteries and bulb for flashlight	
Knife	
Nylon Cord	Paracord recommended, approx. 25 ft long
Tubular Webbing	Approx. 15 ft long
Locking Carabiner	
Small saw/machete	
Garbage bags	Large bags x 4
Tarp	8x10, can be used to make a quick shelter
Insect repellent	DEET based 30% recommended
Sun screen	
First aid kit	* See attached page for first aid kit recommendations



MGSAR5 (November/2015)

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Searcher Supply List

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Recommended Personal First Aid Kit	
Item	Notes
Acetaminophen or aspirin tablets	Analgesic
Loperamide tablets (Imodium, Novo-loperamide, etc)	Anti-diarrhoeal
Band-Aid's	Various sizes
Sheet of moleskin adhesive	For foot blisters (example: Dr. Scholl's Kuvotex)
Elasticised bandage	
Triangular bandages	
4"x4" gauze pads	
Pair of scissors	
Latex or rubber surgical gloves	Disposable
Large safety pins	
Roll 1" adhesive tape	
Antiseptic cleaning pads	
Resuscitation mask	
Three day supply of any medication required by the searcher	